

Session 1
 Friday Evening - May 1, 2026
 Warm-up 4:00 pm - Start 5:00 pm

GIRLS	EVENT	BOYS
1	13 & Over 400 IM Will swim Fastest to Slowest Alternating Women/Men	2
3	9-12 400 IM Will swim Fastest to Slowest Alternating Women/Men	4
5	13 & Over 400 Freestyle Will swim Fastest to Slowest Alternating Women/Men	6
7	9-12 400 Freestyle Will swim Fastest to Slowest Alternating Women/Men	8

Session 2
 Saturday Morning (13-14 + 15 & Over) - May 2, 2026
 Warm-up 7:00 am - Start 8:30 am

GIRLS	EVENT	BOYS
9	15 & Over 200 Freestyle	10
11	13-14 200 Freestyle	12
13	15 & Over 100 Breaststroke	14
15	13-14 100 Breaststroke	16
17	15 & Over 200 Butterfly	18
19	13-14 200 Butterfly	20
21	15 & Over 50 Freestyle	22
23	13-14 50 Freestyle	24
25	15 & Over 200 Backstroke	26
27	13-14 200 Backstroke	28

Session 3
 Saturday Afternoon (800 Free) - May 2, 2026
 Warm-up 1:00 pm - Start 1:30 pm

GIRLS	EVENT	BOYS
29	OPEN 800 Freestyle Will swim Fastest to Slowest Alternating Women/Men	30

Session 4
 Saturday Late Afternoon (9-10 + 11-12) - May 2, 2026
 Warm-Up 3:00pm - Start 4:30 pm

GIRLS	EVENT	BOYS
31	11-12 200 Freestyle	32
33	9-10 200 Freestyle	34
35	11-12 50 Breaststroke	36
37	9-10 50 Breaststroke	38
39	11-12 100 Butterfly	40
41	9-10 100 Butterfly	42
43	11-12 50 Freestyle	44
45	9-10 50 Freestyle	46
47	11-12 100 Backstroke	48
49	9-10 100 Backstroke	50

Session 5
 Sunday Morning (13-14 + 15 & Over) - May 3, 2026
 Warm-up 7:00 am - Start 8:30 am

GIRLS	EVENT	BOYS
51	15 & Over 100 Butterfly	52
53	13-14 100 Butterfly	54
55	15 & Over 200 IM	56
57	13-14 200 IM	58
59	15 & Over 100 Backstroke	60
61	13-14 100 Backstroke	62
63	15 & Over 200 Breaststroke	64
65	13-14 200 Breaststroke	66
67	15 & Over 100 Freestyle	68
69	13-14 100 Freestyle	70

Session 7
 Sunday Afternoon (9-10 + 11-12) - May 3, 2026
 Warm-up 1:00 pm - Start 2:30 pm

GIRLS	EVENT	BOYS
71	11-12 50 Butterfly	72
73	9-10 50 Butterfly	74
75	11-12 200 IM	76
77	9-10 200 IM	78
79	11-12 50 Backstroke	80
81	9-10 50 Backstroke	82
83	11-12 100 Breaststroke	84
85	9-10 100 Breaststroke	86
87	11-12 100 Freestyle	88
89	9-10 100 Freestyle	90