



**West Shore YMCA**  
 Reindeer Games  
 YMCA MEET  
 Saturday, December 13, 2025



<b>LOCATION</b>	<b>Messiah University</b> , Grantham, PA [Directions: <a href="http://bit.ly/2CpbMit">http://bit.ly/2CpbMit</a> ]
<b>FACILITIES</b>	Messiah University facility is an 8 Lane, 25yard, Entry Depth 6 Feet, Competitor Lane Lines, Colorado 6 Timing System, 8-line scoreboard, touch pads, and Paragon Starting Platforms, Hy-Tek Software, raised gallery style spectator seating is for 300, Parking capacity well over 1,000. There is no concession stand at this event. Seating for swimmers will be on the pool deck as well as part of the spectator gallery.  The water depth at the turn end of the pool is 3 feet 6 inches.
<b>MEET DIRECTOR</b>	Janet Butterfield- (717) 514 2287 or <a href="mailto:info@wsyswim.org">info@wsyswim.org</a>  <b>Email all entries to Mike Gobrecht</b> <a href="mailto:mike@wsyswim.org">mike@wsyswim.org</a>
<b>USA APPROVAL</b>	USA Approval # <b>MA 2601 AP</b> In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
<b>ENTRIES OPEN</b>	October 1, 2025
<b>ENTRY DEADLINE</b>	Friday, December 5, 2025, at 11:59pm
<b>ENTRY FEES</b>	Individual Events: \$10.00, Relay Events: Free Please send ONE check per YMCA, made payable to <b>West Shore YMCA</b>
<b>SEND ENTRIES</b>	Mail Entries to: <b>West Shore YMCA Competitive Swimming</b> 410 Fallowfield Road Camp Hill, PA 17011  <b>Email all entries to Mike Gobrecht</b> <a href="mailto:mike@wsyswim.org">mike@wsyswim.org</a>
<b>ELIGIBILITY</b>	This meet is open to any YMCA swimmer. This meet will be run according to current USA Swimming rules and regulations. Swimmer's age on the first day of the meet ( <b>12/15/24</b> ) determines age group for the entire competition.
<b>DECK ENTRIES</b>	Deck Entries <b><u>will not be accepted</u></b> will be accepted at this meet
<b>MISCELLANEOUS</b>	This meet will be entirely Deck seeded. All teams will be provided with a check-in sheet for each session of the meet. Check-in sheets must be turned in to the administrative table 45 minutes before the start of the session. The meet will then be seeded, and heat sheets will be provided to each team.

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<p><b>WARM UP INFORMATION</b></p>	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered in each session. Warm-up schedules will be made available to coaches prior to the first day of the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules.</p>
<p><b>MEET/DECK REFEREE</b></p>	<p>The meet/deck referee shall oversee the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the meet.</p>
<p><b>ENTRY PROCEDURES</b></p>	<ul style="list-style-type: none"> <li>• The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.</li> <li>• Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded according to procedures outlined in the USA Swimming Rulebook section 207.11.7B(2) .</li> <li>• Entries must be submitted electronically in a format compatible with Hy-Tek or Team Unify meet management software by Friday, December 5, 2025</li> <li>• All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact information.</li> <li>• Electronic entry files (TM / TU or equivalent) are required for all entries by Friday, December 5, 2025</li> <li>• FINAL entry payments and any necessary reports must be received by the first day of the meet.</li> </ul>
<p><b>DISABLED SWIMMERS</b></p>	<p>Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.</p>
<p><b>PHOTOGRAPHY</b></p>	<p><b>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</b></p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>



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<b>DRONE</b>	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.		
<b>DECK CHANGING</b>	Deck changes are prohibited		
<b>SWIMWEAR:</b>	102.8 SWIMWEAR .1 Design F. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.		
<b>EVENT LIMITATION</b>	Swimmers are permitted to enter four (4) individual events per plus one (1) relay		
<b>SCORING &amp; AWARDS</b>	There are no awards at this meet		
<b>PROGRAMS &amp; ADMISSION</b>	Admission charge is \$5 cash admission per adult entering the gallery		
<b>TEAMS INVITES</b>	This meet is open to swimmers from LEBANON YMCA, FRIENDSHIP YMCA, WAYNESBORO YMCA, WEST SHORE YMCA, CARLISLE YMCA, AND CHAMBERSBURG YMCA, LANCASTER YMCA, HANOVER YMCA, NORTHERN DAUPHIN COUNTY YMCA and any other YMCA in Pennsylvania.		
<b>ATHLETE PROTECTION (MAAPP)</b>	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy ("MAAPP"), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.		
<b>MISCELLANEOUS</b>			
<b>START TIMES:</b>	<b>Session</b>	<b>Warm Up</b>	<b>Meet Start</b>
	Session 1	10:00am	11:00am



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<b>Order of Events</b>		
Saturday– December 13, 2025 @ Messiah University - (Warm Up 10am – 11am Start)		
Boys	EVENT	Girls
1	8 and Under 100 IM	2
3	9-12 100 IM	4
5	13 & Over 100 IM	6
7	8 and U 25 Freestyle	8
9	9-10 50 Freestyle	10
11	11-12 50 Freestyle	12
13	13 & Over 50 Freestyle	14
15	8 and U 25 Backstroke	16
17	9-10 50 Backstroke	18
19	11-12 50 Backstroke	20
21	11 and Over 100 Backstroke	22
23	8 and U 25 Breastroke	24
25	9-10 50 Breastroke	26
27	11-12 50 Breastroke	28
29	11 and Over 100 Breastroke	30
31	8 and U 25 Butterfly	32
33	9-10 50 Butterfly	34
35	11-12 50 Butterfly	36
37	11 and Over 100 Butterfly	38
39	11 and Over 200 IM	40
41	8 and U 50 Freestyle	42
43	9-12 year 100 Freestyle	44
45	13-14 100 Freestyle	46
47	11 and Over 200 Freestyle	48
49	8 and Under 100 Medley Relay	50
51	9-10 200 Medley Relay	52
53	11 and Over 200 Medley Relay	54

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### TEAM INFORMATION AND MEET ENTRY SUMMARY

Team Name: \_\_\_\_\_ Team Code: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone # \_\_\_\_\_

Coaches Name: \_\_\_\_\_ Phone # \_\_\_\_\_

Email Address: \_\_\_\_\_ Team Web Address: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Total number of **Individual** entries: \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

Total Amount Included: \$ \_\_\_\_\_