

Invitation to the Annual WSY Valentine 9 & Under Meet

Sunday, February 13, 2005
at the Cumberland Valley High School Natatorium
Mechanicsburg, PA

Purpose: To provide 9 & under swimmers an opportunity to see their progress prior to the championship meets in March.

Facilities: The brand new Cumberland Valley High School Natatorium has an eight (8) lane 40 meter pool divided by a bulkhead at 25 yards with warm-up/warm-down area opposite competition pool. A fully automatic Colorado 5 timing system with display board will be used. We will be using Hy-Tek meet management software. Adequate deck space is available for all swimmers, and we will be using a gymnasium for swimmers when they are not competing. Spectator seating is available in gallery area above pool. Photos of the pool may be found on our web site.

Entries: This meet is open to all swimmers that are registered members with the clubs/YMCA's invited. Each swimmer may swim a maximum of four (4) individual events. The swimmers age will be determined as of December 1, 2004. All entries should be submitted on disk using the **Hy-Tek Team Manager software**. The file containing the events for this meet may be downloaded from our web site www.wsyswim.org. If you do not have access to the Hy-Tek software, please use the attached entry forms. Be sure to indicate if your entry times are in yards (Y) or meters (M). Entries, for which a swimmer has no time, must be entered with a NT in the space provided for the entry time. The number of entries for this meet will be limited to **300 athletes!!!** As a point of reference, last year (2004), we allowed 340, so we will be "cutting" the meet by 40 swimmers. Entries may be faxed or e-mailed, however hard copy and payment must follow within three (3) days. Entries that are e-mailed MUST use Team Manager/commlink or USA Swimming (SDIF)

Closing Date: Entries must be received no later than **Thursday, February 3, 2005**. When your original entry is received, you may update times with any performances done on 2/5-6/05. Entries will be taken on a first come-first serve basis until we reach 300 athletes.

Entry Fees: \$3.25 per individual event. (**NOTE: If you will NOT be entering using the Hy-Tek software, the entry fee is \$4.00 per individual event**). Please send one (1) check for the total amount of your team entry. Make all checks payable to **West Shore YMCA**. Entry packages, and payment should be sent to:

WSY Swimming
410 Fallowfield Road
Camp Hill, PA 17011-4900
FAX (717) 728-3561
E-Mail: entries@wsyswim.org
Phone: (717) 514-2287

All entries are due: Thursday, February 3, 2005. All teams not accepted into the meet will be notified by Tuesday, February 8, 2005

Meet Admission: Admission is \$2.00 and cost of meet program is \$3.00.

Meet Rules: The WSY Annual Valentine 9 & Under Meet is governed by the current 2004-2005 NCAA Rules. All events will be timed finals. One (1) false start given to all swimmers. There will be a coaches meeting prior to the start of the session.

Meet Time Line:

12-12:45pm Pool Open for Warm-up
(NOTE: We will split the warm-up into two (2) sessions. Warm-Up times will be on our web site)

1:10pm Meet Begins

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Safety Notice – There will be **NO DIVING** from the shallow end (non-block end) at any time during warm-ups or during the meet. There will be **NO DIVING** from the starting blocks and no backstroke starts during the warm-up session, with this exception: Limited diving and backstroke starts from the starting blocks in sprint lanes will be permitted, BUT only when announced. These rules follow National YMCA Warm-Up Safety procedures.

Timers – Each team is requested to supply the name of one (1) timer. Thank you in advance for your help.

Awards: For individual events: Custom made Rosette Ribbons (1st-3rd) finishers. Custom made ribbons will be awarded for 4th-12th place finishers for individual events. Relay Rosette Ribbons will be awarded for (1st-3rd) place finisher. Heat ribbons will be awarded for all heat winners, and each participant in the meet will be given a participation ribbon.

Meet Announcements- All pre-meet announcements including warm-up times/lanes, teams participating, meet psych sheets, and other pre-meet information may be found on our web site. www.wsyswim.org. All results, and coaches download files will be posted on our web site immediately following the meet. **We will NOT mail printed results.**

Concession Area – We will have a large concession area with an assortment of breakfast and lunch items available during the entire meet. We will also have a large assortment of swim suits, goggles, and other items in our WSY swim Shop

Notes about meet venue – This meet will be held at the Cumberland Valley High School Natatorium. There are a few rules that all coaches, swimmers, and parents need to be aware:

- There is no food or drink permitted on the pool deck. Exceptions are made for water and sport drink for the swimmers. This rule will be enforced by school security.
- No parents will be permitted in the on the pool deck. All volunteers and coaches will have meet credentials provided at check-in to gain access to the pool deck. Parents will be permitted to be in the locker rooms with their young children.
- The spectator gallery is on the second level, all parents will watch the meet from the spectator gallery.
- When the swimmers are not competing, they will be in a gymnasium. **Please have your swimmers bring extra clothing as gymnasium's are kept at a cooler temperature than swimming pools.** We are asking that each team have one representative in the gym with your swimmers. Swimmers will NOT be seeded in the gym, it will be the coaches responsibility to get their swimmers from the gymnasium to the pool deck where swimmers will be seeded on the bleachers, and then marshaled to the starting blocks.
- Deck access will be controlled. Other than swimmers, only volunteers, coaches, and officials will be permitted on the pool deck. This will be controlled with deck passes.



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<u>Boys</u>	<u>Name of event</u>	<u>Girls</u>
3	7 & Under 100 yard IM	4
5	8 yr. 100 yard IM	6
7	9 & yr 100 yard IM	8
9	5 under 25 yard freestyle	10
11	6 yr. 25 yard freestyle	12
13	7 yr. 25 yard freestyle	14
15	8 yr. 25 yard freestyle	16
17	9 yr. 50 yard freestyle	18
19	5 under 25 yard backstroke	20
21	6 yr. 25 yard backstroke	22
23	7 yr. 25 yard backstroke	24
25	8 yr. 25 yard backstroke	26
27	9 yr. 50 yard backstroke	28
29	6 & under 25 yard breastroke	30
31	7 yr. 25 yard breastroke	32
33	8 yr. 25 yard breastroke	34
35	9yr. 50 yard breastroke	36
37	6 & under 25 yard butterfly	38
39	7 yr. 25 yard butterfly	40
41	8 yr. 25 yard butterfly	42
43	9yr. 50 yard butterfly	44
45	7 & under 50 yard Freestyle	46
47	8 yr. 50 yard freestyle	48
49	9 & under 100 yard freestyle	50



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Entry Check List

To be submitted with your entry

Team Information:

Team Name: _____

Coach: _____

Entry Contact Person: _____

Contact Person Phone: _____

Contact Person e-mail: _____

Coach e-mail: _____

Name of one (1) timer: _____

Number of Swimmers attending: _____

Number of Individual events: _____ X \$3.25 _____

NOTE: If you are NOT entering on disk, please multiply your total number of events entered by \$4.00



Total of your check: _____

Make all checks payable to West Shore YMCA