



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY COMPETITION SKILLS FOR LIFE IN THE POOL

YOUTH SPORTS

Competitive Swim Team
Spring Stroke Clinic
at Northern York High School



Our highly successful YMCA Competitive Swimming Stroke Clinic is structured for children between the ages of 6-13 years of age. We have a Tuesday/Thursday Session available at Northern High School. All children that would like to register for our Summer Swimming team, should register for this "Stroke Clinic" for evaluation purposes. Concentration for this clinic will be on stroke drills, proper stroke technique, correct practice habits, and consistency.

Clinic Dates

April 18-May 25, 2017

Clinic Times and Location

T/Th 4:30-5:30pm at Northern High School

Fees

- Facility Members \$110
- Program Members \$130 **

** All participants must be a Program Member (\$10) of the YMCA if they are not Facility Members

Registration forms are on our website

<http://nyac.wswim.org>

HARRISBURG AREA YMCA WEST SHORE BRANCH

Competitive Swimming

410 Fallowfield Road Camp Hill, PA 17011

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COMPETITIVE SWIM TEAM SPRING STROKE CLINIC-NORTHERN REGISTRATION FORM

FAMILY NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ CELL PHONE: _____

E-MAIL ADDRESS: _____

E-MAIL ADDRESS #2: _____

EMERGENCY CONTACT: (NAME AND PHONE) _____