

**Josh Barr** This is Josh's third year attending winter nationals where he will be swimming the 200IM, 100 and 200 Breaststrokes. Josh is a junior at Cedar Cliff High School and is busy making college plans for next year.

**Sarah Court** This is Sara's first year attending winter nationals where she will be swimming 50 and the 100 free. She is freshman at Mechanicsburg High School . She attended summer national this past summer for the first time. She is really excited to be heading to Florida next week.

**Sarah Fisher** This is Sarah's 7<sup>th</sup> year attending winter national's where she will be swimming the 500 free, 100 fly, 200 free and the 200 fly. Sara is a senior at Mechanicsburg High School and she will be attending Columbia University next year and majoring in communications and swimming. Over the years Sara has made several finals at nationals.

**Leah Gingrich** This is Leah's first year attending winter nationals and she joined the team in Maryland this past summer at her first summer nationals. Leah will be swimming the following events in Florida, the 100 free, 100 fly and 200 Fly . Leah attends East Pennsboro Middle School where she is in the seventh grade.

**Alex Goldsmith** This is Alex's 3<sup>rd</sup> winter nationals where he will be swimming the 100 and 200 fly's, and the 200 and 400 IM's. Alex is a junior at Susquehanna Twp High School and he is busy making plans for college next year. In the past Alex has made several finals at Nationals.

**Sara Lengler** This is Sara's first trip to winter nationals and she has summer nationals in the past. Sara will be swimming the 100 back in Florida. She is a senior at Central Dauphin East High School and she will be attending Bloomsburg University nxt year where she will major in Business and Accounting and will swim for the team.

**Allison Luttermoser** This is Allison's first trip to winter nationals where she will be swimming the 50 and 100 free, 100 fly and the 200 IM. She is a sophomore and attends Trinity High School and has no plans for college ...yet.

**Liz Navitsky** this is Liz's 2<sup>nd</sup> year at winter nationals where she will be swimming the 100 free and the 100 back. She is a senior at Mechanicsburg Area High School and has not confirmed her college plans at this point.

**Anthony Randall** This is Anthony's first year at Winter nationals where he will be swimming the 50 and 100 free. He is a senior at Bishop McDevitt High School and he will be attending the University of Rhode Island to major in English and swim for the team.

**Nick Schwartz** is a freshman at Kiski Prep out in Pittsburgh. He will be attending his first winter nationals where he will be swimming the 100 free, 100 back, and the 200IM.

**Kristen Slack** this is Kristen's first trip to winter nationals after attending 4 summer national meets. Kristen will be swimming the 100 fly. She is a senior at Mechanicsburg High School and will be attending THE College of William and Mary next year to study Kinesiology.

**Allison Stine** This is Allison's 5<sup>th</sup> winter nationals trip where she will be swimming the 200 and 400IM's and the 100 and 200 breaststrokes. She is a senior at Shippensburg High School and will be attending Villanova UNiversity next year in their nursing program and swimming for the team. Allison has swum in several finals at nationals.

**Alyssa Toran** This is Alyssa's 3<sup>rd</sup> winter nationals where she will be swimming both the 50 and 100 free and the 100 back. She is a junior at Red Land High School and plans to attend college next year to hopefully study Biology.

**Tricia Weaner** This is Tricia's first trip to winter nationals where she will be swimming the 100 and 200 backstroke, the 200 free, and the 100 fly. She is an eighth grade student at Gettysburg Middle School and has no college plans.