



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY COMPETITION SKILLS FOR LIFE IN THE POOL

YOUTH SPORTS

Competitive Swim Team

Spring Stroke Clinic

WEST SHORE YMCA



Our highly successful Stroke Clinic is structured for children between the ages of 6-13 years of age. We have three (3) sessions available, including a Monday/Wednesday session and a Tuesday/Thursday sessions as well as a Friday/Sunday Session all of which are held at the West Shore YMCA in Camp Hill. We ask that participants indicate which session they will attend most of the clinic, however you are free to switch days if you have conflicts with other activities. Concentration for all clinics will be on stroke drills, proper stroke technique, and consistency.

Clinic Dates

April 19-May 28 2021

Fees

- Y Members
- Y Program-Members

Clinic Times and Locations @ YMCA

M/W 7:00-8:pm

T/Th 4:30-5:30pm

F/Sun Friday 6:15-7:15pm | Sunday 10-11am

\$120

\$130 **

****All participants must be "Program Members (\$10) of the YMCA**

HARRISBURG AREA YMCA WEST SHORE BRANCH

Competitive Swimming

410 Fallowfield Road Camp Hill, PA 17011

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All participants MUST register at the Member Service Desk at the YMCA