	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Time Group	Time Group	Time Group	Time Group	Time Group	Time Group	Time Group
Week of 7/24-30/17	**LC at Hampden** 8-10:15am **Sr/Pre-Sr** **Summer Team @ Hamp** 8-9:45am **AGC** 8-9:45am **AGB** 9:15-10:15am **AGA** **at YMCA** 5:30-7pm **AGC** 5:30-7pm **AGB** 23	**LC at Hampden** 8-10:15am **Sr/Pre-Sr** **Summer Team @ Hamp** 8-9:45am **AGC** 8-9:45am **AGB** 9:15-10:15am **AGA** **at YMCA** 5:30-7pm **AGC** 5:30-7pm **AGB** 6:15-7:15pm **AGA** 24	**LC at Hampden** 8-10:15am **Sr/Pre-Sr** **Summer Team @ Hamp** 8-9:45am **AGC** 8-9:45am **AGB** 9:15-10:15am **AGA** **at YMCA** 5:30-7pm **AGC** 5:30-7pm **AGB** 6:15-7:15pm **AGA** ***Last Day AGA*** 25	**LC at Hampden** 8-10:15am **SR/Pre-S** **Summer Team @ Hamp** 8-9:45am **AGC** 8-9:45am **AGB** 9:15-10:15am **AGA** **No evening practice due to Ducks Picnic** 26	**LC at Hampden** 8-10:15am **Sr/Pre-Sr** **Summer Team @ Hamp** 8-9:45am **AGC** 8-9:45am **AGB** 9:15-10:15am **AGA** 27	**Summer League Mid Cap Championships** at Spring Grove High School 28	**No Practices today** 29
Week of 7/30-8/5/18	**at YMCA** 3:30-5:30pm **SR** 3:30-5:30pm **Pre-Sr** 5:30-7pm **AGC** 5:30-7pm **AGB** 30	**at YMCA** 3:30-5:30pm **SR** 3:30-5:30pm **Pre-Sr** 5:30-7pm **AGC** 5:30-7pm **AGB** 31	**at YMCA** 3:30-5:30pm **SR** 3:30-5:30pm **Pre-Sr** 5:30-7pm **AGC** 5:30-7pm **AGB** 1	**at YMCA** 3:30-5:30pm **SR** 3:30-5:30pm **Pre-Sr** 5:30-7pm **AGC** 5:30-7pm **AGB** 2	**at YMCA** 3:30-5:30pm **SR** 3:30-5:30pm **Pre-Sr** 3	**No Practices today** 4	**No Practices today** 5
Week of 8/6-12/18	**at YMCA** 3:30-5:30pm **SR** 3:30-5:30pm **Pre-Sr** 5:30-7pm **AGC** 5:30-7pm **AGB** 6	**at YMCA** 3:30-5:30pm **SR** 3:30-5:30pm **Pre-Sr** 5:30-7pm **AGC** 5:30-7pm **AGB** 7	**at YMCA** 3:30-5:30pm **SR** 3:30-5:30pm **Pre-Sr** 5:30-7pm **AGC** 5:30-7pm **AGB** 8	**at YMCA** 3:30-5:30pm **SR** 3:30-5:30pm **Pre-Sr** 5:30-7pm **AGC** 5:30-7pm **AGB** 9	**at YMCA** 3:30-5:30pm **SR** 3:30-5:30pm **Pre-Sr** 10	11	12