	Monday Time Group		Tuesday Time Group		Wednesday Time Group		Thursday Time Group		Friday Time Group		Saturday	Sunday	
											Time Group	Time Gro	oup
	LC at Hampden		LC at Hampden		LC at Hampden		LC at Hampden		LC at Hampden				
Week of 7/16-22/18	8-10:15am	Sr/Pre-Sr	8-10:15am	Sr/Pre-Sr	8-10:15am	Sr/Pre-Sr	8-10:15am	SR/Pre-S	8-10:15am	Sr/Pre-Sr			
	Summer Tea		Summer Tea		Summer Tea			am @ Hamp		am @ Hamp		Summer League All	Stars
	8-9:45am	AGC	8-9:45am	AGC	8-9:45am	AGC	8-9:45am	AGC	8-9:45am	AGC		at Camp Hill Boro	
	8-9:45am 9:15-10:15am	AGB AGA	8-9:45am 9:15-10:15am	AGB AGA	8-9:45am 9:15-10:15am	AGB AGA	8-9:45am 9:15-10:15am	AGB AGA	8-9:45am 9:15-10:15am	AGB AGA		hosted by Camp	•
	9.15-10.15am	AGA	9.15-10.15am	AGA	9.15-10.15am	AGA	9.15-10.15am	AGA	9.15-10.15am	AGA	Summer League	Aquatic Club (Outo	
	at YMCA		at YMCA		at YMCA		at YMCA				Divisionals at		
	3:30-5:30pm SR		5:30-7pm AGC		5:30-7pm <b>AGC</b>		5:30-7pm <b>AGC</b>				Mechanicsburg Outdoor		
	3:30-5:30pm 5:30-7pm 5:30-7pm	Pre-Sr AGC AGB	5:30-7pm 6:15-7:15pm	AGB AGA	5:30-7pm 6:15-7:15pm	AGB AGA	5:30-7pm 6:15-7:15pm	AGB AGA			Pool		
	5.30-7 pm	AGB											
							Middle Atlantic		l tic lunio	Olympic	l <mark>s (Thursday-Sur</mark>	day) at E. 8. M	
	16		4-		40		Wildle Atlair		lic Julior Olympics		s (Thursday-3ur	iday) at F & W	22
	LC at Hampden		LC at Hampden		LC at Hampden		LC at H	amnden	I C at H	ampden	21		22
Week of 7/24-30/17	8-10:15am	Sr/Pre-Sr	8-10:15am	Sr/Pre-Sr	8-10:15am	Sr/Pre-Sr	8-10:15am	SR/Pre-S	8-10:15am	Sr/Pre-Sr		Na Duantinas to	
												No Practices to	oday
	Summer Tea 8-9:45am	<u>m @ натр</u> AGC	Summer Tea 8-9:45am	<u>m @ натр</u> AGC	Summer Tea 8-9:45am	M (20) Hamp AGC	Summer Tea 8-9:45am	AGC	8-9:45am	am @ Hamp AGC			
	8-9:45am	AGC	8-9:45am	AGC	8-9:45am	AGC	8-9:45am	AGC	8-9:45am	AGB			
	9:15-10:15am	AGA	9:15-10:15am	AGA	9:15-10:15am	AGA	9:15-10:15am	AGA	9:15-10:15am	AGA	Summer League Mid		
	0.10 10.10411	AGA	0.10 10.10diii	AGA	0.10 10.10diii	AGA	0.10 10.10diii	AGA	0.10 10.10411	AGA	Cap Championships at		
	at YMCA		at YMCA		at YMCA		at YMCA				Spring Grove High		
	3:30-5:30pm	SR	5:30-7pm	AGC	5:30-7pm	AGC	5:30-7pm	AGC			School		
	3:30-5:30pm	Pre-Sr	5:30-7pm	AGB	5:30-7pm	AGB	5:30-7pm	AGB					
	5:30-7pm	AGC	6:15-7:15pm	AGA	6:15-7:15pm	AGA	6:15-7:15pm	AGA					
	5:30-7pm	AGB					Last Da	ay AGA					
	-4 VA	23	at YN	24	at YN	25	-4.50	26 MCA		27 MCA	28		29
Week of 7/30-8/5/18	at YM 3:30-5:30pm	SR	3:30-5:30pm	SR	3:30-5:30pm	SR	3:30-5:30pm	SR	3:30-5:30pm	SR			
	3:30-5:30pm	Pre-Sr	3:30-5:30pm	Pre-Sr	3:30-5:30pm	Pre-Sr	3:30-5:30pm	Pre-Sr	3:30-5:30pm	Pre-Sr	No Practices today	No Practices to	day
	5:30-7pm	AGC	5:30-7pm	AGC	5:30-7pm	AGC	5:30-7pm	AGC					
	5:30-7pm	AGB	5:30-7pm	AGB	5:30-7pm	AGB	5:30-7pm	AGB					
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	30		31		1		2		3		4		5
Week of 8/6-12/18	at YMCA 3:30-5:30pm SR		<u>at YMCA</u> 3:30-5:30pm <b>SR</b>		at YMCA 3:30-5:30pm SR		at YMCA 3:30-5:30pm SR		at YMCA 3:30-5:30pm SR				
	3:30-5:30pm	Pre-Sr	3:30-5:30pm	SK Pre-Sr	3:30-5:30pm	Pre-Sr	3:30-5:30pm	Pre-Sr	3:30-5:30pm	Pre-Sr			
	5:30-7pm	AGC	5:30-7pm	AGC	5:30-7pm	AGC	5:30-7pm	AGC	2.30 0.00p.11				
	5:30-7pm	AGB	5:30-7pm	AGB	5:30-7pm	AGB	5:30-7pm	AGB					
							ĺ			ay Until			
									8/2	7/18			
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		6		7		8		9	,	10	11		12