2017-2018 WSY Team Day Schedule

12-12:15pm	Swimmers Arrive at Messiah College	If you need to "try on" a Team Suit, go to Suit Fitting area prior to getting in water
12:10-12:30pm	Swimmers Team "Get to Know" Groups	We will assign 8 different groups and have them spaced around the pool area and gallery
12:30pm-1:30pm	Parent Nutrition Seminar with Dr Jeff	In Classroom beside Toad Hollow fitting area
12:30pm-1:45pm	Swimmer fun and relays in the pool	8 groups of fun
1:50pm-2:15pm	Pizza Party for swimmers and distribution of "WSY Goodie Bags"	Same room where nutrition talk was presented
12 noon-2:15pm	Toad Hollow will be available in the room beside the pool for WSY Team Gear as well as "suit fitting"	