Session 1
FRIDAY July 7, 2017
Warm Up 6:30 AM - Start 7:30 AM

GIRLS	EVENT	BOYS
1	OPEN 400 IM	2
3	OPEN 400 FREE	4

Session 2
FRIDAY July 7, 2017
Warm up 12:30 AM - Start 01:15 PM

GIRLS	EVENT	BOYS
5	OPEN 1500 FREE	6

Session 3
FRIDAY July 7, 2017
Warm up 5:30 PM - Start 6:30 PM

GIRLS	EVENT	BOYS
7	11-12 200 IM	8
9	9-10 200 IM	10
11	11-12 100 BREASTROKE	12
13	9-10 100 BREASTSTROKE	14
15	11-12 100 FREESTYLE	16
17	9-10 100 FREESTYLE	18

Session 4
SATURDAY July 8, 2017
Warm up 7:00 AM - Start 8:00 AM

GIRLS	EVENT	BOYS
19	15 & OVER 200 IM	20
21	15 & OVER 100 FREESTYLE	22
23	15 & OVER 200 BACKSTROKE	24
25	15 & OVER 100 BREASTROKE	26
27	15 & OVER 100 BUTTERFLY	28
29	15 & OVER 400 FREESTYLE	30

Session 5
SATURDAY July 8, 2017
Warm up 01:00 PM - Start 2:00 PM

GIRLS	EVENT	BOYS
31	13-14 200 IM	32
33	13-14 100 FREESTYLE	34
35	13-14 200 BACKSTROKE	36
37	13-14 100 BREASTSTROKE	38
39	13-14 100 BUTTERFLY	40

Session 6
SATURDAY July 8, 2017
Warm up - 6:00 PM - Start 6:45 PM

GIRLS	EVENT	BOYS
41	11-12 50 BACKSTROKE	42
43	9-10 50 BACKSTROKE	44
45	11-12 200 FREESTYLE	46
47	9-10 200 FREESTYLE	48
49	11-12 100 BUTTERFLY	50
51	9-10 100 BUTTERFLY	52

Session 7
SUNDAY July 9, 2017
Warm up 7:00 AM - Start 8:00 AM

GIRLS	EVENT	BOYS
53	15 & OVER 200 FREESTYLE	54
55	15 & OVER 100 BACKSTROKE	56
57	15 & OVER 200 BREASTSTROKE	58
59	15 & OVER 200 BUTTERFLY	60
61	15 & OVER 50 FREESTYLE	62

Session 8
SUNDAY July 9, 2017
Warm up 1:00 PM - Start 2:00 PM

GIRLS	EVENT	BOYS
63	13-14 200 FREESTYLE	64
65	13-14 100 BACKSTROKE	66
67	13-14 200 BREASTROKE	68
69	13-14 200 BUTTERFLY	70
71	13-14 50 FREESTYLE	72

Session 9
SUNDAY July 9, 2017
Warm up 6:00 PM - Start 6:45 PM

GIRLS	EVENT	BOYS
73	11-12 50 FREESTYLE	74
75	9-10 50 FREESTYLE	76
77	11-12 100 BACKSTROKE	78
79	9-10 100 BACKSTROKE	80
81	11-12 50 BREASTSTROKE	82
83	9-10 50 BREASTSTROKE	84
85	11-12 50 BUTTERFLY	86
87	9-10 50 BUTTERFLY	88

DECK ENTRIES	Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of $10 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet AO or Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time ☐ is ☒ is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be pre-seeded with the exception of the event(s) noted below.