

Attention: Coaches Meeting is scheduled for 8:00 am Wednesday morning.



Coach Meeting – MA Senior LC Champs, July 12-15, 2017

1. Meet Referee Bert Hewitt
Admin Referee Mark Geleskie
Meet Director Derek Boyce
Coaches Meeting 8:00 am on Wednesday morning in hospitality room
2. Scratch box – located with Admin Ref, table a turn end.
 - a. Closes at 7:30 am on Wed, Thu, Fri & Sat for that day's events.
 - b. Scratch that day's event to not be seeded (or too many daily events.) Use the Scratch Form provided. For PRELIMS only.
 - c. May take a DFS with admin ref or deck ref before start of heat. (Please use this option as little as possible. We really need as many scratches as possible up front so as to eliminate excess heats.)
 - d. Penalty – if a 'No Show' in an event. barred from rest of day and must check back in with admin ref for rest of meet; For Final event – barred from remainder of meet, and \$50.00 fine last day. If it is a Positive check in event – barred from next event
 - e. Scratch from FINALS– use Scratch Form on Admin Ref table (as usual)
3. Positive check-in events - 800 ,1500 Free and relays
 - a. 800 free by 9:30 am Wednesday – top 8 at night, preliminary 800 heats will alternate; scheduled to end just before start of warm-ups for Wednesday Finals. Swimming slow-to-fast
 - b. 1500 free by 9:30 am Saturday - Saturday afternoon 1500 heats will alternate; scheduled to end just before start of warm-ups for Sat Finals. Swimming slow-to-fast
 - c. . Relay by 9:30 am
4. 400 Free (Thurs) and 400 IM (Fri) – will be flighted and Women and Men will swim four fastest heats slowest to fastest as usual during Prelims; then remaining heats will swim fast-to-slow, alternating Women/Men. Swimmers in all heats may qualify for Finals.
5. Starts - 'Fly-over' at Prelims; standard at Finals.
6. Breaks – There are 10-min breaks for swimmers after each Men's event at Prelims and Finals.

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7. Relays –

- a. The 400 medley and freestyle relays will swim at end of Finals sessions.
 - b. Positive check-in – at scratch box, to be seeded. DFS available at night.
 - c. Relay cards due back by one hour before scheduled start of Relays.
 - d. Relay-only swimmers must have proof of registration, if not already entered.
 - e. The relays will be swam Women then Men, fastest to slowest
8. All times must have been proven to the Meet Director prior to being seeded.
9. Time Trials - Limited available each day. Contact Meet **Director** for forms, etc. Proof of registration required if swimmer is not in the meet.
10. Finals will have D, C, B and A final heats. They will be swum in that order. C and D heats will be limited to 18 and under swimmers.
11. NO FOOD ON DECK NONE!!! Violators subject to removal from the pool.
12. NO CHAIRS ON DECK!!!

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