



THE 2016 Aqua Fest

Hosted by
**Cumberland Valley Aquatic Club
 and West Shore YMCA**

Sunday, November 13, 2016

This meet is Timed Finals

LOCATION:	Cumberland Valley High School 6746 Carlisle Pike Mechanicsburg, PA 17050 Emergency calls the day(s) of the meet: 717-514-2287
FACILITY:	CV High School Natatorium The CV High School natatorium is an eight lane competitive pool with adjustable bulkhead, and fully automatic timing Adjustable bulkhead allows for 25 yard course with a five lane 25 yard warm down area The starting end has a depth of 13 feet. The facility is equipped with Adolph Keiffer Wave Eater lane lines, Colorado Timing System, Aqua Grip electronic pads, and two (2) ten-line readout scoreboards. Seating for up to 500 swimmers on deck and spectator balcony seating for up to 375. <i>The balcony seating is LIMITED to 375 and this is a "controlled seating". By order of fire marshal and CV school district, we can NOT allow more than 375 spectators in the spectator gallery at any time.</i> Free parking next to the building. The water depth at the turn end of the pool is 6 feet.
MEET DIRECTOR:	Michael Gobrecht , (717) 514-2287 Email: mike@wsyswim.org Please direct all questions to the Meet Director.
ELIGIBILITY:	This meet is open to any swimmer that is registered with the teams invited. This meet will be run according to current High School Federation Rules. Swimmer's age on the first day of the meet determines age group for the entire competition. (November 22, 2014)
ENTRY LIMITS:	<i>This meet will be open to the first 350 swimmers that we receive entries. The host teams reserve 30% of the total number of athletes for their own swimmers.</i> The Meet Director may limit the number of entries, eliminate certain events and/or heats, and any other reasonable modification to the meet format in order to run the meet in a reasonable time. Notice will be provided promptly to swimmers and teams concerning modifications to the meet or changes to any entries/events/heats. Entry fees will be refunded to teams/swimmers whose entries have been rejected or who are unable to compete due to limitations. Swimmers are permitted to enter 4 individual events.

<p>WARM-UP:</p>	<p>The warm-ups sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted on the web site prior to the meet and will be made available to coaches at the meet.</p> <p>Sprint/Start lanes will be available at the end of each warm-up session.</p> <p>No diving or backstroke starts will be permitted except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with the warm-up rules.</p> <p>Swimmers without a coach must report to the Meet Director before entering the pool for warm-up in order to obtain a lane assignment. Swimmers without a coach who are 12&Under will swim with and be supervised by the host club during warm-up.</p> <p>Note: Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet. Any swimmer observed swimming under or through the Bulkhead by an Official or Safety Monitor at the Meet will be disqualified from that swimmer's next Individual Event or from the remainder of the Meet, as determined by the Meet Referee. This policy will be strictly enforced.</p>
<p>DECK ENTRIES:</p>	<p>Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet at the cost of \$8 per event. Deck entries will be accepted only until 30 minutes prior to the start of each session. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not receive awards. To enter, please see the Meet Director before or during warm-ups. Deck entries must be paid for at the time of entry with cash or check. Swimmers will not be eligible for awards in deck-entered events.</p>
<p>HOW TO ENTER AND SEEDING:</p>	<p>Entries must be submitted in the course in which they were achieved. Converted times should NOT be used. All times submitted must be the swimmer's best time. Non Conforming times will be seeded last.</p> <p>Entries should be submitted using HY-TEK or Team Unify software format. A hard copy printout listing each swimmer alphabetically, with each swimmer's events and entry times, must accompany your entries. Email is the preferred method of entry submission. This file will be used as your official entry. All emailed entries will receive confirmation of receiving your entry.</p> <p>If a HY-TEK file is not possible use the attached entry form.</p>
<p>ENTRY FEES:</p>	<p>\$5.00 per Individual Event \$10.00 per Deck Entry Please send ONE check per club, made payable to "Cumberland Valley Aquatic Club"</p>

SEND TO:	Mail entries to: West Shore YMCA c/o Michael Gobrecht 410 Fallowfield Road Camp Hill, PA 17011-4900 mike@wsyswim.org
ENTRY DEADLINE:	ALL ENTRIES must be received by Friday, November 4, 2016 at 7pm. No late entries will be accepted
SWIM SHOP	Toad Hollow Swim Shop will be the Speedo Team Dealer on site for the duration of the meet
AWARDS:	Custom Medals for 1st - 3rd place Custom Ribbons for 4th – 12th place <i>Any of the events that are listed as 11-18 will be awarded as 11/12 and 13/14 and 15 and over</i> <i>There will be no awards for OPEN Events</i>
ADMISSION:	Admission is \$5 per person. (children under 12 are free). Programs will be free
RESULTS:	Final Results will be available on the WSY, CVAC, as well as CPAL web sites in a (HTML) printable format and in a downloadable Team Manager (Cfile.zip) format. Results will not be mailed.
DECK ACCESS:	Deck access is limited to swimmers, coaches, officials & meet workers.
HOSPITALITY:	There will be food and drinks available at all sessions for officials and coaches
TIMERS:	Volunteer Timers may be needed for this meet. Volunteers will receive a refund on their admission and a meal ticket for the concession area.
SPECTATORS:	Balcony seating is available for up to 400 spectators. We also have a large concession area in the lobby with plenty of seating
PARKING:	Free parking is available next to the building
MEET SCHEDULE:	Doors Open to Facility: 7am Warm-Ups Begin 8am Warm-Ups may be separated by team depending on numbers Officials/Timers Mtg 8:35am Meet Begins 9am
RECORDING BAN	The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
MANUALLY SUBMITTED ENTRIES	We have information on the final page of this meet entry about a HY-Tek product that is FREE (TM-Lite). This product will assist you in completing your electronic entry.

HOTELS:



**4291 Gettysburg Road
Harrisburg, PA 17055
717.766.9006**



**Hampton Inn
1164 Harrisburg Pike
Carlisle, PA
(717) 240-0200**

DIRECTIONS

FROM THE NORTH & EAST: Route 81 going south – proceed to the Mechanicsburg /route 114 exit(57) - turn left off ramp – continue to route 11 south (Carlisle Pike) – turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.

FROM THE WEST & SOUTHWEST: Route 81 going north – proceed to the Mechanicsburg /route 114 exit(57) –turn R.H. at end of ramp– continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.

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FROM THE SOUTH & FROM THE PA TURNPIKE: Route 83 north to the Camp Hill exit – that puts you on route 581 west – continue on 581 until it joins with 81 south – proceed to the Mechanicsburg /route 114 exit(57). Turn left at the end of ramp onto route 114 –continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park.

List of Events for 2016 AquaFest

Women's	Event Description	Men's
1	Open 200 Free	2
3	8 & Under 25 Free	4
5	9-10 50 Free	6
7	11-12 50 Free	8
9	13-18 50 Free	10
11	8 & Under 25 Breastroke	12
13	9-10 50 Breastroke	14
15	11-12 50 Breastroke	16
17	11-18 100 Breastroke	18
19	Open 200 Breastroke	20
21	8 & Under 25 Backstroke	22
23	9-10 50 Backstroke	24
25	11-12 50 Backstroke	26
27	11-18 100 Backstroke	28
29	Open 200 Backstroke	30
31	8 & Under 25 Butterfly	32
33	9-10 50 Butterfly	34
35	11-12 50 Butterfly	36
37	11-18 100 Butterfly	38
39	Open 200 Butterfly	40
41	8 & Under 50 Freestyle	42
43	9-10 100 Freestyle	44
44	11-12 100 Freestyle	46
47	13-14 100 Freestyle	48
49	Open 100 Free	50
51	8 & Under 100 IM	52
53	9-10 100 IM	54
55	11-18 100 IM	56
57	Open 200 IM	58

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Meet Summary Sheet to be included with entry

Team Name: _____ Team Code: _____

Head Coach: _____

Entry Contact: _____ Phone#: _____

Mailing Address:

Email Address: _____

ENTRY SUMMARY:

	Swimmers	Events
12&Under:		
13&Older:		
TOTALS:		

Mail To:
Michael Gobrecht
West Shore YMCA
410 Fallowfield Road
Camp Hill, PA 17011

FEE SUMMARY:

Total Individual Events: _____ X \$5.00 = _____

TOTAL DUE:

AQUAFEST 2016

STANDARD ENTRY FORM FOR INDIVIDUAL EVENTS AND RELAYS \$5.00 PER INDIVIDUAL EVENT

MEET:

TEAM:

TEAM INITIALS:

DATES:

AGE GROUP:

LAST,	NAME		Age	Event Number	Seed	Time													
	First,	MI																	

PLEASE TALLY IN EACH DIRECTION:

TOTAL ENTRIES THIS PAGE _____ X _____ =\$ _____

ENTRIES WILL NOT BE PROCESSED WITHOUT THIS INFORMATION

TEAM REPRESENTATIVE'S NAME	SIGNATURE	TEAM REPRESENTATIVE'S ADDRESS	PHONE
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TEAM MANAGER Lite

TEAM MANAGER Lite is software designed for a **meet host to distribute to teams** entering the meet so that those teams can send their meet entries to the meet host electronically over the Internet. **TM Lite** is provided **FREE** - [Click Here](#) to download TM Lite.

TEAM MANAGER Lite is basically **TEAM MANAGER** with the following features enabled:

- * Standard Set-Up and Options Features
- * Enter Teams, Athletes, Relays, Meets and Browsers
- * Specifying Meet Entry Custom Times by Event or by Name
- * Import of Meet Events from a MEET MANAGER Database
- * Export of Meet Entries to send to the meet host by diskette or over the Internet
- * Meet Entry Report

Please note that TM Lite is supported only by email.

[Click Here](#) to view the TM Lite Instructions in Acrobat format.

www.hy-tektd.com/downloads.html

ACTIVE Hy-TEK

SWIMMING TRACK & FIELD PRODUCTS SUPPORT BUY NOW

Tech Support

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Licensing Options for Swimming

Licensing Options for Track & Field

Installation Problems/Solutions

ONLINE STORE

Home > Support > Downloads

Downloads

Swimming Track and Field Time Standards

Update Instructions

- Click on Update next to the Product Name to Download and SAVE the Service Pack update file to your hard drive - DO NOT Unzip or Open the file. Then start the HY-TEK product and click on File / Install Update and follow the prompts.
- Click on User Guide next to the Product Name to Download and Save the zipped Acrobat PDF file to your hard drive. Then unzip the downloaded zip file and Open it with Acrobat Reader to view the User Guide.
- Click on Lite or Demo next to the Product Name to Download and Save the file to your Desktop. Then Open the Lite/Demo file from your Desktop to install the Lite/Demo software.
- Team Manager: Please Note that the TM 8.0 FREE Service Pack is not available for TM 2.1, TM 3.0, TM 4.0, TM 5.0, or TM 6.0 Customers. [Click here for information about upgrading to TM 8.0.](#)
- Meet Manager: Please Note that the MM 6.0 FREE Service Pack is not available for MM 5.0, 4.0, 3.0, 2.0 or 1.4 Customers. [Click here for information about upgrading to MM 6.0.](#)

Team Manager 8.0	Update
Team Manager 7.0	User Guide
Meet Manager 6.0	Online User Guide
Sports Business Manager 5.1	Release Notes
TM 5.0th	Lite